

Our Lady of the Valley Catholic Church

Entrance Antiphon (for the 9am Mass)

Cf. Ps 74(73):20, 19, 22, 23

Look at your covenant, O Lord,/ and forget not the life of your poor ones for ever./ Arise, O God, and defend your cause,/ and forget not the cries of those who seek you.

Respice, Domine

Ps 74 (73): 20, 19, 22, 23

VII



R Emember, O Lord, your covenant, * and do not
abandon for e-ver the souls of your poor; arise, O Lord,
and judge your own cause; forget not the cries of those
who seek you.

Glory be to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

NINETEENTH SUNDAY IN ORDINARY TIME

August 7th 2021 at 5 pm & August 8th, 2021 at 9 am and 11:15 am

ENTRANCE HYMN

ALL PEOPLE THAT ON EARTH DO DWELL

OLD HUNDREDTH



1. All peo - ple that on earth do dwell, Sing to the
2. Know that the Lord is God in - deed; With - out our
3. O en - ter then his gates with praise; Ap - proach with
4. For why? the Lord our God is good: His mer - cy
5. To Fa - ther, Son, and Ho - ly Ghost, The God whom



1. Lord with cheer - ful voice; Him serve with mirth, his
2. aid he did us make; We are his folk, he
3. joy his courts un - to; Praise, laud, and bless his
4. is for ev - er sure; His truth at all times
5. heav'n and earth a - dore, From us and from the



1. praise forth tell, Come we be - fore him, and re - joice.
2. does us feed, And for his sheep he does us take.
3. Name al - ways, For it is seem - ly so to do.
4. firm - ly stood, And shall from age to age en - dure.
5. an - gel host Be praise and glo - ry ev - er - more.

Text: LM; Psalm 100; William Kethe, d. c. 1593. Music: Louis Bourgeois, c. 1510-1561.

PENITENTIAL ACT

Heritage Mass
Owen Alstott



Lord, have mer - cy. Christ, have



mer - cy. Lord, have mer - cy.

GLORIA

Heritage Mass
Owen Alstott



Glo - ry to God in the high - est, and on earth peace to
peo - ple of good will. We praise you, we bless you, we a - dore you,
we glo - ri - fy you, we give you thanks for your great glo - ry,
Lord God, heav'n - ly King, O God, al - might - y Fa - ther.
Lord Je - sus Christ, On - ly Be - got - ten Son, Lord God,
Lamb of God, Son of the Fa - ther, you take a - way the
sins of the world, have mer - cy on us; you are seat - ed at the
sins of the world, re - ceive our prayer;
right hand of the Fa - ther, have mer - cy on us.
For you a - lone are the Ho - ly One, you a - lone are the Lord,
you a - lone are the Most High, Je - sus Christ, with the Ho - ly
Spir - it, in the glo - ry of God the Fa - ther. A - men.

THE FIRST READING

1 Kgs 19:4-8

Elijah went a day's journey into the desert,
until he came to a broom tree and sat
beneath it.

He prayed for death saying:

“This is enough, O LORD!

Take my life, for I am no better than my
fathers.”

He lay down and fell asleep under the
broom tree,

but then an angel touched him and ordered
him to get up and eat.

Elijah looked and there at his head was a
hearth cake

and a jug of water.

After he ate and drank, he lay down again,
but the angel of the LORD came back a

second time,

touched him, and ordered,

“Get up and eat, else the journey will be too
long for you!”

He got up, ate, and drank;

then strengthened by that food,

he walked forty days and forty nights to the
mountain of God, Horeb.

✠ The word of the Lord.

✠ Thanks be to God.

RESPONSORIAL PSALM



Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.
Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

THE SECOND READING

Eph 4:30—5:2

Brothers and sisters:

Do not grieve the Holy Spirit of God,
with which you were sealed for the day of
redemption.

All bitterness, fury, anger, shouting, and
reviling

must be removed from you, along with all
malice.

And be kind to one another, compassionate,
forgiving one another as God has forgiven

you in Christ.

So be imitators of God, as beloved
children, and live in love,

as Christ loved us and handed himself over
for us

as a sacrificial offering to God for a fragrant
aroma.

✠ The word of the Lord.

✠ **Thanks be to God.**

GOspel ACCLAMATION



Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

THE GOSPEL READING

✠ The Lord be with you.

Jn 6:41-51

✠ And with your spirit.

✠ A reading from the holy Gospel according to John.

✠ Glory to you, O Lord.

The Jews murmured about Jesus because he said,

“I am the bread that came down from heaven, ”

and they said,

“Is this not Jesus, the son of Joseph?

Do we not know his father and mother?

Then how can he say,

‘I have come down from heaven?’”

Jesus answered and said to them,

“Stop murmuring among yourselves.

No one can come to me unless the Father who sent me draw him,

and I will raise him on the last day.

It is written in the prophets:

They shall all be taught by God.

Everyone who listens to my Father and learns from him comes to me.

Not that anyone has seen the Father except the one who is from God;

he has seen the Father.

Amen, amen, I say to you,

whoever believes has eternal life.

I am the bread of life.

Your ancestors ate the manna in the desert, but they died;

this is the bread that comes down from heaven

so that one may eat it and not die.

I am the living bread that came down from heaven;

whoever eats this bread will live forever;

and the bread that I will give is my flesh for the life of the world.”

✠ The Gospel of the Lord.

✠ Praise to you, Lord Jesus Christ.

PREPARATION OF THE GIFTS

CHRISTIANS, LET US LOVE ONE ANOTHER

PICARDY



1. Chris-tians, let us love one an - oth - er, As we share the
2. We who break this bread are one bod - y, We who share this
3. We who eat and drink at this ta - ble Die and rise a -
4. On the path of life we may fal - ter, Earth-ly food a -
5. Wheat and grape in - car - nate a mys - t'ry; Je - sus is the
6. Je - sus is the vine, we the branch - es; We are grains of



1. true liv - ing bread. Je - sus is our God and our
2. cup are all one. Chil - dren of our Fa - ther in
3. gain with our Lord. Draw - ing from our Rock liv - ing
4. lone leaves us weak; Al - ways you in - vite from the
5. true liv - ing bread. Let us eat with joy and thanks -
6. wheat, Christ the bread. Those who eat this bread live for -



1. broth - er; With his flesh and blood we are fed.
 2. heav - en, We are heirs with God's on - ly son.
 3. wa - ter Giv'n to all who thirst for ac - cord.
 4. al - tar, "Hun - gry souls their food here must seek."
 5. giv - ing, Trust - ing in the word he has said.
 6. ev - er, One with Christ, our Lord and our Head.
- } Ev - 'ry-one who



1-6. loves is born of God. Je - sus is our life. God is love.

Text: 98 98 98; © 1973, Claudia Foltz, SNJM, and Armand Nigro, SJ. Published by OCP. All rights reserved.
Music: French Carol, 17th cent.; *Chansons populaires des Provinces de France*, 1860.

SANCTUS

Heritage Mass
Owen Alstott

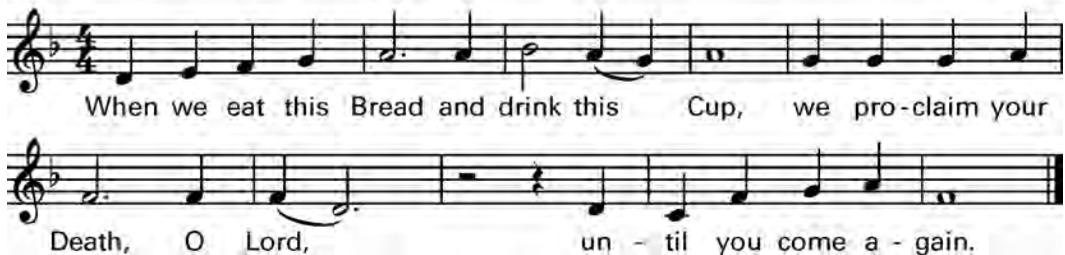


Ho-ly, Ho-ly, Ho - ly Lord God of hosts. Heav'n and earth are
full of your glo - ry. Ho - san-na! Ho-san-na in the high - est.
Blessed is he who comes in the name of the Lord.

Text © 2010, ICEL. All rights reserved. Used with permission. Music © 1978, 2009, OCP. All rights reserved.

MEMORIAL ACCLAMATION

Heritage Mass
Owen Alstott



When we eat this Bread and drink this Cup, we pro-claim your
Death, O Lord, un - til you come a - gain.

Text © 2010, ICEL. All rights reserved. Used with permission.
Music © 1988, 2009, OCP. All rights reserved.

THE GREAT AMEN

Heritage Mass
Owen Alstott



A - men, a - men, a - men.

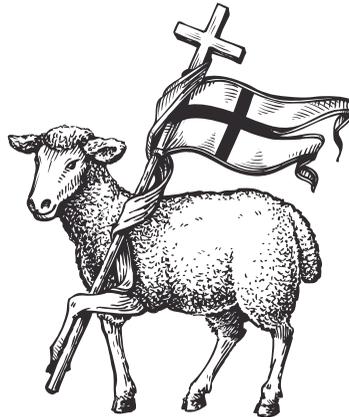
Music © 1988, OCP Publications. All rights reserved.

AGNUS DEI

Heritage Mass
Owen Alstott

Musical score for Agnus Dei, featuring a treble clef and a 4/4 time signature. The melody is written on a single staff. The lyrics are: "Lamb of God, you take a-way the sins of the world, have mer-cy on us. world, grant us peace." The score includes a repeat sign with first and second endings (1, 2) and a third ending (3).

Music © 1978, OCP. All rights reserved.



Communion Antiphon (for the 9am Mass)

Cf. Jn 6:51

The bread that I will give, says the Lord,/ is my flesh for the life of the world.

COMMUNION HYMN

TAKE AND EAT

Michael Joncas

Refrain



1

Take and eat; take and eat: this is my bod - y
Take and drink; take and drink:



2

to Verses
(Fine)

giv-en up for you. this is my blood giv-en up for you.

Verses



1. I am the Word that spoke and light was made;
2. I am the way that leads the ex - ile home;
3. I am the Lamb that takes a - way your sin;
4. I am the cor - ner-stone that God has laid;
5. I am the light that came in - to the world;
6. I am the first and last, the Liv - ing One;



1. I am the seed that died to be re - born;
2. I am the truth that sets the cap - tive free;
3. I am the gate that guards you night and day;
4. A cho - sen stone and pre - cious in his eyes;
5. I am the light that dark - ness can - not hide;
6. I am the Lord who died that you might live;



1. I am the bread that comes from heav'n a - bove;
2. I am the life that rais - es up the dead;
3. You are my flock: you know the shep - herd's voice;
4. You are God's dwell - ing place, on me you rest;
5. I am the morn - ing star that nev - er sets;
6. I am the bride-groom, this my wed - ding song;



to Refrain

1. I am the vine that fills your cup with joy.
2. I am your peace, true peace my gift to you.
3. You are my own: your ran - som is my blood.
4. Like liv - ing stones, a tem - ple for God's praise.
5. Lift up your face, in you my light will shine.
6. You are my bride, come to the mar - riage feast.

RECESSIONAL HYMN

I SING THE MIGHTY POWER OF GOD

ELLACOMBE



1. I sing the might - y pow'r of God That made the
2. I sing the good-ness of the Lord That filled the
3. There's not a plant or flow'r be - low, But makes thy



1. moun-tains rise, That spread the flow-ing seas a - broad, And
2. earth with food; He formed the crea-tures with his word, And
3. glo - ries known; And clouds a - rise, and tem-pests blow By



1. built the loft - y skies. I sing the wis - dom
2. then pro-nounced them good. Lord, how thy won - ders
3. or - der from thy throne; While all that bor - rows



1. that or - dained The sun to rule the day; The moon shines
2. are dis - played Wher - e'er I turn my eye; If I sur -
3. life from thee Is ev - er in thy care, And ev - 'ry -



1. full at his com-mand, And all the stars o - bey.
2. vey the ground I tread, Or gaze up - on the sky!
3. where that I can be, Thou, God, are pres - ent there.

Text: CMD; Isaac Watts, 1674–1748, alt. Music: *Gesangbuch der Herzogl. Württemberg*, 1784.

Lectionary for Mass for Use in the Dioceses of the United States, second typical edition, Copyright © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine; Psalm refrain © 1968, 1981, 1997, International Committee on English in the Liturgy, Inc. All rights reserved. Neither this work nor any part of it may be reproduced, distributed, performed or displayed in any medium, including electronic or digital, without permission in writing from the copyright owner. ONELICENCE, License #A-730868